Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Hour: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**S.M.A.R.T Goals**

**Directions:** S.M.A.R.T goals are goals that are specific, measurable, attainable, realistic, and timely. In the boxes below you are going to draw a picture of and write one goal that you want to reach by the end of the school year, one year from now, five years from now, and in your lifetime.

|  |  |
| --- | --- |
| By the end of the school year: | One year from now: |
|  |  |
|  |  |
| Five years from now: | In your lifetime: |
|  |  |
|  |  |